

## Maria Miller



I have been participating in Circle Dance for over 13 years after being introduced to it by my then reflexologist, Sylvia Hollingworth, who had started a group in Sauchie, near Alloa.

I wondered at first what I was letting myself in for, never having heard of Circle Dance before, but found my dancing feet very quickly and the class soon became my regular Wednesday afternoon activity.

I have been teaching Circle Dance now for 7 of those years after attending Judy King's Teacher Training Course in 2008. I lead a weekly group in Sauchie, near

Alloa, a monthly group in Fintry or Gartmore, and also attend Circle Dance workshops and events whenever and wherever I can, including an annual pilgrimage to St. Andrews to dance with Mandy de Winter.

I was born in Staffordshire to a Scottish mum and Polish father but relocated to my Mum's native Peebles at the age of 13. I have been married to Malcolm, a retired Police Inspector, for almost 40 years, and have lived in Clackmannanshire since 1977. My working life has been extremely varied and includes being a police officer, a retail security manager and a driving instructor. In 2004 I trained as a reflexologist and run a practice from my home providing reflexology and reiki treatments.

Circle Dance is now a huge part of my life and I have even made a few attempts at choreography over the last few years. I love learning dances new and old, and passing them on to my groups and anyone else willing to let me.

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