

## **Zodiac Circle Dance Day 20<sup>th</sup> March by Carol Holtom**

This turned out to be a very special day for me, and an apt herald of the spring equinox.

At the beginning, Keryn reminded us of the links between the cycle of nature and the cyclical nature of the zodiac. Thanks to her impressive and extensive preparations, we were given a summary of the characteristics of each zodiac symbol, from Aries to Pisces, and as we moved round the cycle, one by one candles were lit by the dancers born under that particular sign.

Lynne gave a hilarious address\* to those aspiring to teach dance to participants from different astrological signs.

There was a diversity in the choice of dances which had been chosen to reflect the associated energies of each particular sun sign: dances to music from different nationalities - Greek, Armenian, African, Scottish and Israeli amongst them. There was also a diversity in pace: some joyful and energetic, some meditative or lyrical, others stately or courtly. We also experienced the different, but effective, teaching styles of Keryn, Elke, Lynne, Maria and Rose. Diverse elements seemed to flow into a harmonious whole.

It struck me that we were celebrating the individual – the dancers, the teachers, the dances, all different yet all equally valuable – at the same time as celebrating our connectedness in being part of the dance and part of the greater cycle.

\*This was Madame Nawal's 'Astrological Advice Service to Circle Dance Teachers' which first appeared in Grapevine Autumn 1993