

## Teacher's Practice Day held in Auchterarder 8<sup>th</sup> July 2017

We started promptly at 11.00 with our six teachers. Three were CSCD ones, - Lynne, Keryn and Elke . Rose and Maria were unable to join us so we invited three new/emerging teachers Katie Jack, Kate Daly and Carol Holtom all of whom have come to past TPD and supported us as 'willing guinea pigs'. We were joined by an additional 9 dancers. There were 5 more dancers signed up who were unfortunately not able to make it on the day.

By luck rather than design we had a good mix of dances. The programme was arranged as best it could not knowing how much time would be needed for teaching but it worked out well with time for repeats as we went through. The new teachers brought us new insights. Carol with her information about the variants of the dance 'Delila the Crafty' and the original story which gave it more meaning. She also introduced a lively salsa type dance (which was new for many of us) 'Cumbria Celtica' choreographed by Jenny Oswald. Katie introduced us to arm movements for 'Pineschi Chorovod' and we had the opportunity to dance 'Lo Yisa Goy' as a round. Kate practised spirals to 'Air on a G String' (Judy King choreography) and later had us in short lines, basket weave, for 'Uprising'. Elke made Mandy de Winter's 'Crystal Clear' very clear and we were able to produce a reasonably polished performance the second time around. I was pleased that after two goes at 'Fado Sagitario' in a single circle we were able to progress to the partner version which I had never had the opportunity to teach before. Lynne rounded us off with a lively Russian number 'Dunya Tankapryakha' and then calmed us down again with 'A Thousand Dreams' (Barbara Driscoll) which we then danced out on the grass as our finale.

The weather was pleasantly warm and sunny so we could lunch outside and it contributed to the relaxed atmosphere of the day. The teachers and dancers all seemed to enjoy themselves (see comments below) and I am sure we all got something useful from the day. We were able to send £60 from the day's donations to FCRS.

*Just home after a really special TPD. There was a relaxed atmosphere, it was a lovely, enjoyable time with all the guinea pigs behaving themselves, and being very patient whilst the teachers were leading the dances. It was especially nice to have Kate, Katie and Carol sharing in the teaching.*  
Lynne

*Just wanted to thank you and all the other teachers, for a lovely day of dance. All the dances were great and I enjoyed myself a lot.* Alyson

*I know it's the only way to build my confidence. I really enjoyed the day and the nice relaxed atmosphere.* Carol

*What a lovely and very helpful day yesterday. It was lovely to meet up with everyone again and have the chance to practice new dances. Thanks all for your support and encouragement.*  
Kate x