

Auchterarder

Three Kings' Hall, Ochil Tower School,
Auchterarder PH3 1AD

Friday evening 7- 9 pm

Autumn Term 2018

Aug 24 31

Sept 7 14 21 28

Oct 5 12 19 26

Nov 2 9 16 23 30

Dec 7 14

First taster class **FREE**

Cost £5.50 if commit for half a term (includes refreshments)

Sunday afternoons 2.00 – 4.00 pm

Autumn Term 2018

Aug 26

Sept 9 23

Oct 7 21

Nov 4 18

Dec 2 16

Cost £6 (refreshments included)

(If in doubt phone Keryn or Elke - see info on next page)

What is Circle Dancing?

We dance in a circle to beautiful music from around the world. No partner or experience is needed. Circle dances can be energetic and lively or gentle and reflective. There is no audience and everyone of any age or ability can join in.

Dancing together in this way provides gentle to moderate exercise, helps coordination and focus, can uplift the spirits and bring about a sense of well – being and community.

Contact information

For more information about classes & events contact :

Keryn Evely

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Web: www.cscd.org.uk

Or

Elke Brytscha

Tel: 01764 660 272

Email: elkerainbowmagic@aol.co.uk

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